

Curriculum Vitae

Amber L. Warners

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Personal data: Date of birth: 13 February 1968
Married: Mark Warners
Children: Emmett, born June 11, 1998
Carson, born May 1, 2000
Tanner born March 31, 2004

Present Position:

2006-present Associate Professor of Kinesiology
Women's Volleyball Coach
Calvin College
Grand Rapids, MI 49546

2004-2006 Assistant Professor of Kinesiology
Women's Volleyball Coach
Calvin College
Grand Rapids, MI 49546

1996-2004 Assistant Professor of Kinesiology
Women's Softball Coach
Women's Volleyball Coach
Calvin College
Grand Rapids, MI 49546

Education:

- | | |
|------|---|
| 2005 | Doctor of Philosophy
Kinesiology
Michigan State University |
| 1995 | M.S. Physical Education and Exercise Science
Major: Sport Psychology
Minor: Physical Education
Michigan State University
East Lansing, MI |
| 1990 | B.A. Education
Major: Physical Education
Minor: Social Studies
Calvin College
Grand Rapids, MI |

Professional Competence and Development**Calvin College Teaching Assignments**

- | | |
|------------|---|
| KIN 359 | Student Teaching Seminar |
| KIN 346 | Field Internships |
| KIN 305 | Elementary Physical Activity and Development |
| KIN 223 | Movement and Health Education in the Elementary Classroom |
| Health 266 | Basic Health Concepts |
| PE 281 | Individual and Dual Sport Assessment |
| PE 222 | Elementary School Health Education Program and Activities |
| PE 235 | Coaching Volleyball |
| W10 | Women's Health |
| PE 100-129 | Jogging, Walking, Aerobic Dance Supervisor |
| PE 130-159 | Badminton I, Tennis I, Volleyball I, Slow-Pitch Softball |
| PE 160-189 | Volleyball II |

Calvin College Coaching Assignments

- Women's Volleyball Coach (2002-present)
- Women's Softball Coach (1996-2005)
- Assistant Volleyball Coach (1995, 2001)

Holland Christian High School Teaching

Instructor of Health and Physical Education (1991-1995)

Organizer/Leader of a student trip to South America/Galapagos Islands (1995)

Holland Christian High School Coaching Assignments

Varsity Volleyball Coach (1991-1995)

Director of CHAMPS Volleyball Camps (1991-1995)

Varsity Softball Coach (1992-1993)

Hope College Coaching Assignments

Head Volleyball Coach (1994)

Junior Varsity and Assistant Volleyball Coach (1993)

Other Teaching and Coaching Assignments (General Motors, Michigan State University, Grand Rapids Christian H.S., Athletes in Action)

Health Instructor - General Motors - Health Prevention Program -BodyCare Program - East Lansing, MI (1990-1991)

Instructor, Sports Performance Camps - Racquetball and soccer - Michigan State University (1990-1991)

Junior Varsity Volleyball Coach - Grand Rapids Christian High School (1988 & 1989)

Athletes In Action Trip- Philippines and Japan (Volleyball) (1989)

Awards and Honors:

2014 AVCA Division III National Coach of the Year

2014 AVCA Great Lakes Regional Coach of the Year

2013 AVCA Division III National Coach of the Year

2012 AVCA Division III National Coach of the Year

2012 AVCA Great Lakes Regional Coach of the Year

2011 AVCA Great Lakes Regional Coach of the Year

2010 AVCA Division III National Coach of the Year

2008 AVCA Great Lakes Regional Coach of the Year

2006 AVCA Great Lakes Regional Coach of the Year

1997 Regional Softball Coach of the Year

1994 MIVCA Volleyball Coach of the Year Finalist

Professional Publications and Presentations

Reviewed Articles

Warners, A.L. (2014). Bridging the Gap: Creating Motivation in the Off Season. *Coaching Volleyball 2.0*, May, 2014.

Feltz, D. L., Warners, A., Gilson, T. A., & Santiago, O. J. (2011). Comparing alcohol use patterns of female student-athletes and their team captains in intercollegiate softball teams. *The Journal for the Study of Sports and Athletes in Education*, 5, 197-214.

Warners, A.L. (2005). Comparing Patterns of Alcohol Use in Female Athletes and Their Team Captains in Intercollegiate Softball Teams. *Michigan State University: Dissertations*.

Vargas-Tonsing, T.M.; Warners, A.L. & Feltz, D.L.(2003). The predictability of coaching efficacy on team efficacy and player efficacy in volleyball. *Journal of Sport Behavior*, Vol 26(4) (Dec 2003): 396-406

Grants:

- 2014 Private Grant for Volleyball Position Training Using Immediate Feedback Project -- \$100,000
- 2014 Alumni Grant -- \$5,000
- 2005 Center for Social Research Faculty Small Grant -- \$1000
- 2003- 2005 National Collegiate Athletic Association Choices Grant- \$30,000
- 1996 NCAA Professional In Residence Program Grant- Betty Ford Center – Palm Springs.

Invited Presentations:

Warners, A. (February, 2015) “Sports Psychology Principles for Championship Teams”. Calvin College Basketball Team. Grand Rapids, MI

Warners, A. (January, 2015). “What College Volleyball Coaches are Looking For in Today’s High School Athletes”. Impact Dynamic Volleyball Club, Grandville, MI.

Warners, A. (October, 2014) “Sports Psychology Principles for Championship

Teams". Byron Center Varsity Volleyball Team. Grand Rapids, MI

Warners, A. (October, 2014) "Sports Psychology Principles for Championship Teams". Grandville Varsity Volleyball Team. Grand Rapids, MI

Warners, A. (October, 2014) "Sports Psychology Principles for Championship Teams". Grand Rapids Christian Varsity Volleyball Team. Grand Rapids, MI

Warners, A. (September, 2014) "Innovative Coaching Strategies and Integrating Faith in Athletics". Heritage Class Alumni Group. Calvin College.

Warners, A (December, 2013) "Unique and Creative Ways to Motivate Players in the Off-Season". American Volleyball Coaches Association Convention, Seattle, Washington.

Warners, A. (July, 2013) "Unique and Creative Ways to Motivate Your Players During the Off-Season". AVCA Webinar

Warners, A. & Bolt, B. (June, 2013). "Amazing Race Interim: Racing to Learn, Learning to Race", CSKLS Conference, Baylor, TX

Warners, A. (2012) "Recruiting the Division III Athlete" AVCA Webinar.

Warners, A. (2011) "Integrating Faith in Coaching Athletic Teams" CEA Convention. South Bend, IN

Warners, A. (2010). "Communicating with your Coach" Gainey Athlete Leadership Retreat.

Warners, A. (2006). "Alcohol and Athletes: Does Low to Moderate Alcohol Use Affect Performance and Injury Rate?" NCAA Alcohol Education 1st Annual Athlete Meeting. Calvin College.

Warners, A. (2005). "Calvin College Choices Grant" NCAA Choices Grant Meeting - U.S. Department of Education on Alcohol and Other Drug Abuse and Violence Prevention in Higher Education, Indianapolis.

Warners, A. (2005). "Comparing Patterns of Alcohol Use in Female Athletes and their Team Captains in Intercollegiate Softball". HPERDS Celebrate Your Major Conference. Calvin College.

Warners, A. (2005). "Comparing Patterns of Alcohol Use in Female Athletes and their Team Captains in Intercollegiate Softball". Dissertation Defense. Michigan State University.

Warners, A. (2005). "The Culture of Alcohol and College Students" Freshmen Orientation. Calvin College

Warners, A. (2005). "Pressures of Alcohol in College" Late Night in Dorms. Calvin College.

Warners, A. (2005). "NCAA Choices Grant" Calvin College Board of Trustees.

Warners, A. (2004). "Alcohol and College Students" Freshmen Orientation Calvin College.

Warners, A. (2004). "Relationship of Alcohol Patterns between Captains and their Teammates" Oral Dissertation Proposal. Michigan State University.

Warners, A. (2004). "Pressures of Alcohol in College" Late Night in Dorms. Calvin College.

Warners, A. (2003). "Alcohol and Athletics" Student Athletic Advisory. Calvin College Committee.

Warners, A. (1999). "A College Student Assistance Chemical Prevention Program Schools Student Assistance Programs. Western Michigan University.

Warners, A. (1999). "Intervention Models" Schools Student Assistance Programs. Western Michigan University.

Warners, A. (1997). "Substance Abuse in Athletics" Christianity, Sport, Leisure and Wellness Conference. Messiah College.

Warners, A. (1997). "Physical Education and Sport in China". Calvin College.

Warners, A. (1996). "Physical Education and Sports in the United States". Invited Speaker. Shandong University. Jinan, China

Performances Directed:

September 2014-November, 2014. Coached 35 Calvin College women's volleyball team competitive performances (31 wins, 4 losses)

MIAA Conference Champions
MIAA Conference Tournament Champions
NCAA Regional Champions
NCAA National Semi-finalist

September 2013-November, 2013. Coached 36 Calvin College women's volleyball team competitive performances (35 wins, 1 losses)

MIAA Conference Champions
MIAA Conference Tournament Champions
NCAA Regional Champions
NCAA National Champions

September, 2012-November, 2012. Coached 36 Calvin College women's volleyball team competitive performances (33 wins, 3 losses)

MIAA Conference Champions
MIAA Conference Tournament Champions
NCAA Regional Champions
NCAA National Runner-up

September, 2011-November, 2011. Coached 36 Calvin College women's volleyball team competitive performances (35 wins, 1 losses)

MIAA Conference Champions
MIAA Conference Tournament Champions
NCAA Regional Finals – "Sweet 16 Round"

September, 2010-November, 2010. Coached 36 Calvin College women's volleyball team competitive performances (32 wins, 4 losses)

MIAA Conference Champions
MIAA Conference Tournament Runner-up
NCAA Regional Champions
NCAA National Champions

September, 2009-November, 2009. Coached 35 Calvin College women's volleyball team competitive performances (28 wins, 7 losses)

MIAA Conference Runner-up
MIAA Conference Tournament Champions
NCAA Regional Second Round

September, 2008-November, 2008. Coached 31 Calvin College women's volleyball team competitive performances (26 wins, 5 losses)

MIAA Conference Runner-up
NCAA Regional Bid

September, 2007-November, 2007. Coached 35 Calvin College women's volleyball team competitive performances (30 wins, 5 losses)

MIAA Conference Champions
MIAA Conference Tournament Champions
NCAA Regional Second Round

September, 2006—November, 2006. Coached 36 Calvin College women's volleyball team competitive performances (34 wins, 2 losses)

MIAA Conference Champions
MIAA Conference Tournament Champions
NCAA Regional Finals – “Sweet 16 Round”

September, 2005 – November, 2005. Coached 39 Calvin College women's volleyball team competitive performances (30 wins, 9 losses).

MIAA Conference Tournament Champions
NCAA Regional Finals- “Sweet 16 Round”

September, 2004 – November, 2004. Coached 37 Calvin College women's volleyball team competitive performances (28 wins, 9 losses).

MIAA Conference Tournament Champions
NCAA Regional Second Round

September, 2003 – November, 2003. Coached 36 Calvin College women's volleyball team competitive performances (28 wins, 8 losses).

MIAA Conference Runner-up

September, 2002 – November, 2002. Coached 33 Calvin College women's volleyball team competitive performances (26 wins, 7 losses).

MIAA Conference Runner-up

March, 2004 – May, 2004. Coached 36 Calvin College women's softball team competitive performances (19 wins, 17 losses).

March, 2003 – May, 2003. Coached 37 Calvin College women's softball team competitive performances (24wins, 13 losses).

March, 2002 – May, 2002. Coached 37 Calvin College women's softball team competitive performances (20 wins, 17 losses).

March, 2001 – May, 2001. Coached 36 Calvin College women's softball team competitive performances (14 wins, 22 losses).

March, 2000 – May, 2000. Coached 31 Calvin College women's softball team competitive performances (12 wins, 19 losses).

March, 1999 – May, 1999. Coached 33 Calvin College women's softball team competitive performances (15 wins, 18 losses).

March, 1998 – May, 1998. Coached 39 Calvin College women's softball team competitive performances (20 wins, 19 losses).

MIAA Conference Runner-up

March, 1997 – May, 1997. Coached 38 Calvin College women's softball team competitive performances (25 wins, 13 losses).

MIAA Conference Champions

NCAA Regional Champions

NCAA Nationals -- 5th/6th Place

Related Professional Service Presentations

“Being a Christian Coach” – Standale Church (2011)

“Trusting God in Your Volleyball Path” – South Christian Volleyball Teams (2008)

“Gainey Presentation” -- Regional Council (2007)

“Sexuality” - Health PE 266 (2003)

“Fertility and Infertility” - Health PE 265 (2003)

“Fertility Awareness” - Women's Health Interim (2002)

“Student Assistance Programs” - Health Methods PE 222 (2002)

“School Health Programs” - Community Health Interim (2001)

“Sexuality and Childbirth” - HE 265 – Basic Health Concepts (2001)

“Childbirth and Fertility” - Women's Health Interim (2001)

“Substance Abuse and School Programs” - Community Health (2001)

“A Statistical Analysis of the Myer-Briggs Test” -- Tests and Measurements. Western Michigan University (1999)

“The Link Between eating Disorders and Substance Abuse” -- Non-dieting Approaches to Weight Management. Michigan State University

“Sportsmanship” Sportsmanship Panel. Forest Hills Central M.S. (1998)

“Sexuality” - Basic Health Concepts Class (HE 265) (1997)

“The Biomechanics of the Windmill Pitch” Biomechanics for Teachers and Coaches. Michigan State University (1997)

“Women's Inequality in College Athletics in Division III Colleges. Sports and Inequality. Michigan State University (1997)

"The Overhand Pass and Everything You Need To Know About Selecting and Coaching a Setter" - Coaching Theory of Volleyball (PE 235) (1995)

"Introduction to Hitting" - Coaching Theory of Volleyball Class (PE 235) (1995)

Professional Memberships:

American Volleyball Coaches Association

American Alliance of Health, Physical Education, Recreation and Dance

Michigan High School Volleyball Association

Mayo Clinic Weekly Reports

Professional & Service Activities:

Kinesiology Department:

Member, Personnel Committee (2009-2011)
Member, Core Curriculum Committee (2006-2008)
Member, Department Social Committee (2000-2005)
Kinesiology Secretary (1998-1999)
Member, Department Core Curriculum Committee (1998-1999)
Member, Department Major Curriculum Committee (1996-1997)
Co-Chairperson, Department Social Committee (1997-2000)

Calvin College:

AVCA Great Lakes All-American Selection Committee Chair (2009-2014)
Supervisor, Calvin College Men's Volleyball Club Team (2011-2014)
AVCA Great Lakes All-American Selection Committee (2008)
NCAA Volleyball Division III All-Regional Comm. Great Lakes Region (2006-2011)
Content Expert for the Development and Validity of the Coaching Efficacy Scale II (CES II). Michigan State University (2006-)
MIAA Non-Traditional Seasons Committee (2005)
Alcohol Education Team (2002-2004)
NCAA Volleyball Division III Regional Ranking Committee. Great Lakes Region (2002-2005)
Member of Calvin College Wellness Committee (2002)
Member, Gender Equity Committee (1998-2003)
"Sharing Our Faith" Fellowship of Christian Athletes (1997)
Mentor, Fellowship of Christian Athletes (1997-2002)
Creator Coach and Athlete Mementos – Women's Basketball Sectionals (1998)
Creator Coach and Athlete Mementos – Women's Soccer Regionals (1997)

NCAA Professional In Residence Program - Betty Ford Center – Palm Springs, (1996)
CPR Certification (1994-present)
First Aid Certification (1999-present)

Church:

Greeter, 5th Reformed (2007-present)
Sunday School Teacher, Sherman Street CRC (2005-2006)
Greeter, Sherman Street CRC (2002- present)
Monitor, Sherman Street CRC (2000- present)
“Praise and Play” Leader, Sherman Street CRC (2000- 2004)
Nursery Volunteer, Cookie Crew, Monitors, Sherman Street CRC (1998-2006)
“No Fright Night” volunteer, Sherman Street CRC (1998-2000)
Arts and Worship Committee, Sherman Street CRC (1998-2000)
Thanksgiving Baskets, Sherman Street CRC (1998)
Chairperson for College Student Group, Sherman Street CRC (1997-1999)
High School Youth Group Leader, Christ Memorial Reformed Church – Holland,
MI (1994-1995)

Community:

Grand Rapids Christian Middle School Athletic Advisory Committee (2010-2012)
Consultant, Michigan Volleyball Academy (2010, 2011)
Grand Rapids Christian Athletics Faith Formation Retreat (2011)
Director of Calvin College Summer Volleyball Camp (2002-present)
Professor of Amazing Race Competition Interim (2011, 2013)
Professor of New Zealand and Australia Studies Interim (2012)
Professor of South American Studies trip to Ecuador and the Galapagos Islands
Hope College (May 2003, 2005)
Professor of African Studies trip to East Africa. Hope College (May 2002, 2006)
Director of Calvin College Summer Softball Camp (1997-2004)
Volleyball Camp Instructor, Calvin College (1991-1993, 1995)

Holland Christian High School

Member, Scholarship Committee (1991-1996)
Member, Athletics Committee (1995)
Member, Sex Education K-12 Curriculum Committee (1993-1996)
Member, Physical Education K-12 Curriculum Committee (1994-1996)
Member, Discipline Committee (1992-1993)

