

Curriculum Vita

John A. Ross

Address: 4260 Tompkins Court
Grand Rapids, MI 49546
616-526-8866

Education:

2004-10 Michigan State University
Western Michigan University
30 credits in Athletic Administration

1994 Eastern Illinois University
Master of Science: Physical Education
Concentration: Exercise Science

1990 University of Wisconsin - Oshkosh
Bachelor of Science: Physical Education & Health Education

Professional Experience

2003 – present Calvin College
Assistant Professor of Health, Physical Education, Recreation,
Dance and Sport
Head Women's Basketball Coach
Head Men's Tennis Coach

1999 – 2003 Earlham College
Associate Professor of Wellness and Physical Education
Head Men's and Women's Tennis Coach
Assistant Men's Basketball Coach
Director of Junior Tennis Program

1995 – 1999 Fox Cities Racquet Club, Appleton Wisconsin
Head Tennis Professional
General Manager

1994 – 1995 John Newcombe Tennis Academy, New Braunfels, TX
Head Tennis Professional
Director of Junior Tennis Program

1991 – 1994 Eastern Illinois University
Head Women's Tennis Coach

1990 – 1991 Charleston Illinois School District
Elementary physical education instructor (K-4)
Graduate Assistantship

Related Professional Experience:

2009	Fellowship of Christian Athletes at Albion College Director of Girls Basketball Camp
2000 – 2003	Fellowship of Christian Athletes at Luther College Director of Tennis Camp
1999 - 2003	University of Wisconsin Women's Basketball Team Camp Director/Staff
1995 - 1998	Wisconsin Lutheran College Hoop Troop Basketball Camp Assistant Director
1992 – 1995	University of Notre Dame Assistant Director of Nike Tennis Camp
1991 - 1994	Mattoon Illinois High School Assistant Varsity Basketball Coach
1990 – 1992	Camp Tekawitha Wisconsin Tennis Camp Director
1989 – 1990	Oshkosh Lourdes Academy Head Boys Tennis Coach

Professional Awards:

2011	Basketball Coaches Association of Michigan Michigan Women's College Coach of the Year
2007	Women's Basketball Coaches Association Great Lakes Regional Coach of the Year
2007	Basketball Coaches Association of Michigan Michigan Women's College Coach of the Year
2004	Michigan Intercollegiate Athletic Conference Women's Basketball Coach of the Year
1994	Mid-Continent Conference Women's Tennis - Coach of the Year

Professional Presentations:

Ross, J. (. (2010, June). *When Mars meets Venus*. Presented at the Christian Society for Kinesiology and Leisure Studies Conference. Grand Rapids, MI.

Ross, J. (2009, February). *Male coaches coaching female athletes*. Presented at the United States Professional Tennis Association Midwest Division Tennis Conference. Detroit, MI.

Ross, J. (2008, June). *When Mars meets Venus*. Presented at the Christian Society for Kinesiology and Leisure Studies Conference. Seattle, WA.

Ross, J. (2007, February). *Tennis doubles drills*. Presented at the Michigan High School Tennis Coaches Association Conference. Detroit, MI.

Ross, J. (2003, February). *Tennis doubles drills*, Indiana Tennis Coaches Association Conference. Indianapolis, IN.

Professional Publication:

Ross, J. A., & Crawford, A. G. M. (1993). Motivation techniques in men's college tennis. *Illinois Journal of Health Physical Education and Recreation*. vol 22 spring 10-13.

Service:**Calvin College Service**

2003- present Newspaper Interviews
 Grand Rapids Press, Holland Sentinel, Chimes, Spark
 Radio Interviews
 WBBL, WFUR, Calvin Sports Radio
 Television Interviews
 Wood TV

Invited Presentations

Ross, J. (2011, May). *Athletics for Lift*. Presented at the Kenowa Hills Senior Athletic Banquet, Grand Rapids, MI.

Ross, J. (2004, June). *Basketball practice drills*. Presented at the Illiana Christian High School Team Basketball Camp. Lansing, IL.

Ross, J. (2003, December). *Calvin College women's basketball*. Presented to the Optimist Club and the Grand Rapids City Champions. Grand Rapids, MI.

Kinesiology Department Service

Committees

2011-2014	Faculty Senate
2009-2011	Committee on Governance – Athletics Committee
2008-2009	Personnel
2007- 2008	Capital Improvements/Facility Management
2003-present	Summer Girls Team and Individual Basketball Camps

Church Service

2009 – present	Lakeside Community Church Praise Worship Team Co-Chairperson of Pastor Search Team
2005 – 2008	Evergreen Ministries Praise Worship Team
2001 - 2004	Peace of Our Savior – Dayton, OH President of Congregation/Vice President
1996 – 1999	Eternal Love Lutheran Church Wisconsin Teen Bible study leader

Community Service

2001 – 2004	Earlham Fellowship of Christian Athletes – Director/Faculty Advisor
1996 – 1999	Fox Valley Lutheran High School, Wisconsin Delegate to Board of Directors
1996 – 1999	Neenah Wisconsin Young Life leader and counselor

Professional Memberships

United States Professional Tennis Association
Intercollegiate Tennis Association
Women’s Basketball Coaches Association
Basketball Coaches Association of Michigan

Professional Certifications

Certified United States Teaching Tennis Professional
 American Red Cross Cardiopulmonary Resuscitation
 American Red Cross First Aid

Research Interest

Psychology of the student/athlete
 Motivational Techniques used in teaching and coaching
 Methods to increase muscle tissue and decrease fat tissue
 Ergogenic Aids and their effect on exercise

Teaching Responsibilities

KIN 240	2 credit	Cardiovascular Leadership
PER 106	1 credit	Aerobic Cross Training
PER 107	1 credit	Strength Training
PER 108	1 credit	Aqua Fitness
PER 112	1 credit	Spinning
PER 133	1 credit	Tennis I
PER 173	1 credit	Basketball
PER 183	1 credit	Tennis II
IDIA 149	1 credit	Prelude